SSS Training Camp 2020 St. Petersburg, Florida February 26th to March 7th

Purpose:

To take swimmers from the Sumsim and Masterskap group to an exciting training location before the March/April championship competitions. Swimmers must have demonstrated good commitment, positive attitude, compassion towards their peers and dedication to the sport of swimming. The training camp will involve hard training combined with team building and exploring a beautiful part of Florida.

Dates and details:

Depart from Arlanda on Feb 26th, return on March 7th. Hotel: Hilton Bayfront St. Petersburg. (Breakfast included)

Meals: Lunch and dinner will be taken at the University of South Florida Dining Hall.

Training venue: North Shore Aquatic Complex.

Training schedule: 2xsessions per day for all swimmers.

Other activities: beach, beach volleyball, dolphin tours, and more.

Costs:

10,000 sek all inclusive. Payment will be broken up into 3 parts as follows: 1st payment of 3500 sek due at time of registration for camp, 2nd payment of 3500 sek due on November 30th, 3rd payment of 3000 sek due on January 31st. Swimmers will have an opportunity to do fundraising for this trip and any costs adjustments will be made on the final payment. Swimmers are expected to provide some pocket money for the trip.



<u>Travel details regarding the training camp will be released in December. Coaches attending the camp will be Sophie and Kevin. Feel free to reach out if you have any questions.</u>